

NZSSD welcomes you to the first Online Study Session!

Wednesday May 5th 2021

4 – 6pm

NZSSD Guidance on the Management of Type 2 Diabetes – What is New in Diabetes Care in Aotearoa New Zealand in 2021?

About the Speakers:

Dr Helen Snell is a Nurse Practitioner and Nurse Leader of the Diabetes and Endocrinology Service at MidCentral District Health Board and is currently the President of NZSSD. Helen led the National Diabetes Nursing Knowledge and Skills Framework and also led the implementation of the registered nurse prescribing in diabetes health for the NZSSD in 2011, providing the platform for RN prescribing more broadly in New Zealand. Helen is an Academic Supervisor for the Massey University NP Training Programme and is an assessor on Nursing Council NZ panels for NP registration.

Dr Ryan Paul is an academic endocrinologist at Waikato DHB who was recently awarded an HRC Foxley Fellowship for diabetes education for primary care. He is the President of the New Zealand Society of Endocrinology and an Executive Member of NZSSD. Ryan led the development of the national NZSSD guidance on the management of type 2 diabetes and was awarded the New Zealand Medical Council's Clinical Educator of the Year in 2019.

Helen and Ryan will discuss the major updates in the NZSSD guidance on the management of type 2 diabetes in Aotearoa New Zealand with a focus on:

- Reducing clinical inertia and inequities
- Best practice for the newly funded medicines and reinforcing the role of existing treatments.
- Incorporating management focused on reducing cardiovascular risk
- Addressing ongoing clinical challenges e.g. insulin treatment, acting on abnormal findings in the annual review

Moderator: Ms Kate Smallman

General Information

Registrations: [NZSSD Study Session Zoom Webinar Registration](#)

Registrations Close: **Monday 3rd May 2021**

Costs: Free for members (you must still register for the webinar)
\$80 non-members – will also entitle you to access member-only benefits and future study sessions for 2021 – [JOIN HERE](#)

Study Session Queries: nzssdstudysessions@gmail.com

Membership Queries: nzssdmembership@gmail.com

Seminar presentation: A Zoom Webinar link will be provided to registrants. The webinar will also be available in the members' only section of the NZSSD website **AFTER** the webinar has occurred.

Upcoming Study Sessions for 2021

Put them in your diary!

Registrations will Open 4 weeks prior to each Study Session

June 2 nd	Dietitians New Zealand Diabetes Special Interest Group Hosting: Type 2 Diabetes Management Guidance – Nutrition and Lifestyle Recommendations for Adults Management Of Type 2 Diabetes In Children & Adolescents – A Multicomponent Lifestyle Approach
July 7 th	Youth and Young Adult Diabetes Special Interest Group Hosting: Type 2 diabetes in youth and emerging adults: Godzilla Vs Kung Fu Panda Equity for all young people with diabetes – where to now?
August 11 th	Aotearoa College of Diabetes Nurses, Pharmacy and Diabetic Foot Special Interest Groups Hosting: Peripheral neuropathy and pharmaceutical management
September 1 st	Diabetes in Pregnancy Special Interest Group Hosting: Diabetes in Pregnancy Aotearoa Models of Care. Tricks and Tips for Diabetes in Pregnancy: <i>Preconception, During, and Postnatal.</i>
October 6 th	Audience Choice Let us know your ideas before the end of June and we will do our best!
November 3 rd	Primary Care Special Interest Group and ACDN Hosting: Medication Updates – What's Been Happening in 2021

Are there topics you would like study sessions on? Please be in touch:

nzssdstudysessions@gmail.com